



Out of Body Experience.

Real-Life Out of Body Experiences Science Can't Explain.



Medical science has unlocked some of the most complex secrets of the human body and universe, yet doctors struggle to explain real out of body and near-death experiences. Some write these intriguing episodes off as being mere hallucinations, but increasingly medical science is seeking hard evidence to explain these unexplained events that are true - but defy rational explanation.

From the widely-studied case of Pam Reynolds, to non-death "OBEs" common amongst pilots (including Charles A. Lindburgh), to dubious but no less intriguing cases like the one that inspired Heaven is For Real, these instances of real out of body experiences will have you wondering, is the mind far more than it seems?

Weird, But Grounded in Science.

OBE can sometimes be induced by force of will. Research by Canadian neuroscientists led by Claude Messier found a 24-year-old student capable of experiencing it by a simple act of will. As their ground-breaking study noted:

"She can see herself spinning, lying or rolling on a horizontal plane in the air over her own body. It is reported that from time to time she can watch her body moving on, feeling that her 'real' body remains motionless. According to the student, the emergence of such experiences is not connected to any particular emotional state."

Tracking the brain activity of the girl using MRI, researchers detected a marked reduction of excitation in the visual cortex and increased activity in the areas associated with the creation of kinesthetic image of one's own body, its position and movement in space. This doesn't explain the "spiritual" component of Near Death Experiences, or OBE, however, it does show that scientifically the phenomenon is credible (as it has physically measurable qualities) and is more common than previously thought.

The Doctor Who Refused to Die:

This case was studied and verified by eminent OBE researcher Robert Mays. In 1943, 20 year old George Ritchie, M.D , was an aspiring med student. But on the eve of his entry into a Virginia Medical School, when he was supposed to catch a train from Texas to Virginia, he got sick with pneumonia and died. The Army physician in charge stated in a notarized statement that the medical officer summoned detected "no evidence of respiration or cardiac impulse."

Ritchie later said his spirit left his body and floated eastward, still trying to get to medical school in Virginia. Richie did not realize that he was "dead" at the time.

However, when he passed through a town and asked a man for directions, and the man did not respond to him, Ritchie understood what was happening to him. Richie says he flew back to the hospital, where he returned to his body.

After his recovery, Richie drove eastward and found the town of Vicksburg, which looked exactly like the town where he had asked for directions. Researcher Robert Mays later confirmed unique descriptions of the town given by Richie, including "four blinking lights" that were only turned on that night - the evening Richie visited in spirit.

The Blue Shoe Incident:

Social worker Kim Clark reported an amazing case of OBE in a woman she worked with in a hospital. The patient Maria "died" on the operating table from cardiac arrest, but was later revived. During the period of her "death," Maria said she floated out of her body and above the hospital where she could look down and see objects on the roof.

When skeptical physicians and Ms. Clark asked Maria to prove it, she insisted that they would find a "blue shoe" sitting on a window ledge on the top floor of the building. Maria had never been to the upper floors of the hospital, so there was no way she would have known what was on the window ledge.

Ms. Clark went to investigate and to her shock and amazement, the blue shoe was found in the precise location Maria had described.

The Blind Eyes That Saw:

Dr. Raymond Moody, a medical expert who has done extensive research on OBE, shared this incredible case in his book "Life After Life." An elderly woman who had been blind since childhood was being treated by a colleague of Dr. Moody. During a routine operation, she suddenly had a massive heart attack and died briefly.

During her NDE episode, the woman had somehow regained her sight as she floated above the operating table. After she recovered, the woman was able to accurately describe the instruments and techniques used during the resuscitation of her body - she even described who came in and out of the operating room, what they said, what clothes they wore.

The Pam Reynolds Case:

Pam Reynolds Lowery experienced one of the most widely documented Near Death Experiences because of the unusual circumstances under which it occurred. Reynolds was under close medical monitoring during a complex brain operation in which her body temperature was greatly reduced and blood was cut off from her brain.

During this part of the operation, she had no brain-wave activity and no blood flowing in her brain, which rendered her clinically dead.

She claimed to have made several observations during the procedure which later medical personnel reported to be accurate. Reynolds was able to identify surgical instruments and hear conversations between operating room staff. The case is considered to be seminal because the patient's NDE condition was medically induced and exhaustively monitored - doctors insist it would be physically impossible for Pam Reynolds to "hear" or "see" without proper blood flow to her brain.

The Skeptical Doctor Loses His Skepticism:

Dr. Eben Alexander, was a successful neurosurgeon who, ironically, never really believed in near-death experiences before falling into a coma and experiencing one of the most widely reported-on OBE of the early oughts. In the fall of 2008, after falling victim to a bacteria infection, Dr. Alexander slipped into a coma that lasted seven day, during which, the human part of his brain, the neocortex, was inactivated. During this period, Dr. Alexander says he ascended to heaven.

On this journey, Alexander said a woman was with him and that she delivered to him very pointed messages. "You are loved and cherished, dearly, forever," "You have nothing to fear" and "There is nothing you can do wrong." The woman also told him that he would inevitably return to earth. As Dr. Alexander recounts:

"I know full well how extraordinary, how frankly unbelievable, all this sounds. Had someone - even a doctor - told me a story like this in the old days, I would have been quite certain that they were under the spell of some delusion. But what happened to me was, far from being delusional, as real or more real than any event in my life. That includes my wedding day and the birth of my two sons.

"I intend to spend the rest of my life investigating the true nature of consciousness and making the fact that we are more, much more, than our physical brains as clear as I can, both to my fellow scientists and to people at large." He concludes that "heaven is real.

The Boy Who Went to Heaven:

This story is so astounding that it was made into a best-selling book and successful motion picture. It all began when 4 year old Colton Burpo died briefly and says he went to heaven where "angels sang to him." While in Heaven, the young boy says he saw Jesus and came in contact with relatives who had passed away before he was born. At first, his parents were highly skeptical, until Colton made a captivating revelation:

"Mommy, I have two sisters." Sonja told her son that he had to be referring to his oldest sister, Cassie, and his cousin Traci, but he responded: "No - I have two sisters. You had a baby die in your tummy, didn't you?"

It was true - his mother had lost a child before Colton was born.

To this day no one has been able to prove that Colton lied, or had any prior knowledge of his lost sibling, nor can anyone prove that he actually saw the things he claims to have seen. Now a teenager, Colton continues to maintain the veracity of his account (even challenging legendary physicist Steven Hawking's recent statements that "heaven cannot exist") and insists everything he saw and experienced as a boy is 100% true.

Visions of The Future:

In 1975, Dannion Brinkley experienced a Near Death Experience and had visions of the future, many of which have proven to be eerily accurate. For example, he was told by a heavenly voice that, "An actor will become president whose initials are R. R. and he will project the image of being a cowboy to the rest of the world." At first Dannion thought this would be Robert Redford, but it turned out to be Ronald Reagan.

Dannion was also told that "a nuclear explosion of a massive cement structure, near a river in Russia, will occur. Hundreds of people will die. This disaster has something to do with the word Wormwood." Many years later the nuclear accident at Chernobyl occurred just as Dannion had predicted in 1975. In Russian, Chernobyl literally means "Wormwood."

Dannion also said he was told that in 1990, a great desert war will be fought. The U.S. military operation called Desert Storm occurred in 1990 where the U.S. army battled the Iraqi army for occupying Kuwait.

Patient Heal Thyself:

One of the most harrowing out-of-body experiences is the case of Jazmyne Cidavia-DeRepentigny of Hull, Georgia. She died on the operating table during surgery in late 1979. She found herself floating over the operating table, and quickly realized that a feeding tube inserted into her throat by the medical team was preventing her from breathing.

According to her account, by a force of sheer will power, she was able to move her right arm and alert a nurse of the problem. The tube was removed from her throat and she began breathing again and returned to her body. Doctors and nurses confirm that she inexplicably reached for a nurse during the operation, which made the nurse notice the feeding tube - even though the patient was "brain dead" at the time.

Lucky Lindy:

Often individuals experience non-death OBE where they simply seem to "float" outside of their bodies during moments of high stress. Pilots, in particular, are susceptible to this phenomenon. One notable examples of this happened to one of the most famous pilots in history: Charles A. Lindbergh. It happened in 1927 as he made the first-ever flight across the Atlantic in his plane The Spirit of St Louis. Quoting "Lucky" Lindbergh:

"I existed independently of time and matter. I felt myself departing from my body as I imagine a spirit would leave - emanating into the cockpit, extending through the fuselage as though no frame of fabric walls were there, angling upward, outward, until I reformed in an awareness far distant from the human form I left in a fast-flying transatlantic plane. But I remained connected to my body through a long-extended strand, a strand so tenuous that it could have been severed by a breath."

Many other pilots have described OBE experiences, including floating outside the cockpit and pounding on the windshield to get back inside the plane.

To Hell and Back:

Dr. Rajiv Parti admits that he was an arrogant selfish man. A successful doctor who finished at the top of his class, Rajiv was hyper competitive and very self-centered. All that changed when Rajiv had to undergo an emergency treatment for a bladder infection. The pain of the procedure was so intense that it triggered an OBE in Rajiv - however, rather than the "heaven" most people experience, instead, his mind went to a dark place where a great wild fire was raging. Lightning flashed in black clouds, and entities with crooked teeth and horns scurried around. "I was in a hellish realm."

There, Parti realized his sins. "I was not kind to my patients. When I met someone, I always asked myself, 'What can I get from this person?'" He was especially harsh toward those he perceived to be lower in social or professional status.

He recalled a former patient, a 75-year-old lady with arthritis who simply wanted a little conversation with him because her husband was dying of cancer, but he blew her off. In the hellish realm, he felt deeply sorry. He wished he had done things differently.

Awakening in the recovery room, Rajiv, realized he wanted to change. He became a more caring husband, a better doctor. He gave up his \$60,000-a-month anesthesiology job to help people with addiction, depression and chronic pain. He became "a healer of the soul."

The Silver Cord:

Respected physician Dr. Dianne Morrissey had a well-documented OBE when she accidentally electrocuted herself in her living room. As she describes it:

"My body was thrown backwards and to one side by the current. My body crashed to the floor, thrown with such force that my head went right through the drywall, about a foot above the floor."

Dr. Morrissey goes on to describe how she found herself briefly in a pool of blackness, but then returned to her living room in a "new" body that was transparent.

She then says she looked down and saw a silver cord coming out of her "spirit body" that was attached to the back of the head of her physical body. As soon as she saw this, she was thrust back into her real body and regained consciousness. The experience changed Dr. Morrissey and she went from a skeptic to a leading advocate of OBE research.

Do you have a experience you wish to share with us?

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